



# Soultribe

A DANCE  
OF LIFE

A FILM BY  
STEFAN RAINER

STR MEDIAPRODUCTION PRESENTS A CO-PRODUCTION  
BY INDEPENDENT ARTISTS IN COLLABORATION WITH SEOM MUSIC  
COSMIC-CINE.TV AND BOUNDLESS MOVEMENT

[WWW.SOULTRIBE-FILM.COM](http://WWW.SOULTRIBE-FILM.COM)



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A DANCE  
OF LIFE

**- A Film by Stefan Rainer -**

Austria/Germany 2023, Length: 111 min., FSK:0

**Premiere on November 5<sup>th</sup>, 2023**  
(mathäser Filmpalast Munich)

Contact:  
**[www.soultribe-film.com](http://www.soultribe-film.com)**



## SHORT SYNOPSIS:

Three young families of visionaries, artists and entrepreneurs embark on a shared journey of challenges and setbacks - such as balancing family life, partnership, gender roles and professional projects as well as creative individual expression. The film also explores the inner conflict of the protagonists between the social expectations, co-creation and the pressure to earn money, as well as the desire for a free-flowing life without boundaries.

„Soultribe - A Dance of Life“ portrays the authentic story of how they met and the collective as well as individual hero's journey of three young families who inspire, challenge, support and lift each other up in their potential. The film also shows the power of individual expression, joy, and community and inspires the viewer to walk on their own path of life.

## VIEWER COMMENTS

**„This film invites people to rediscover their own liveliness.“**

**Gerald Hüther**

Neurobiologist & Author / Academy for Potential Development

**„This film encourages you to start your own life adventure.“**

**Catharina Roland**

Director & Earthkeeper / Living Earth /movie AWAKE 1 + 2

**„A beautiful, very touching film.“**

**Thomas Schmelzer**

Moderator & Media Companion / Mystica.TV

**„A new kind of film, without any violence.“**

**Caroline Wendt**

Head of Acquisitions & Sales / polyband Medien GmbH - Mind & Spirit



## SYNOPSIS

SOULTRIBE - A DANCE OF LIFE depicts the seemingly coincidental encounter, the challenging everyday life and at the same time the creative work of three families in three different places in Germany and Austria. Their hero's journey in the field of tension between family, profession, partnership as well as social norms, legal frameworks and digitalization brings them together and also throws them back on themselves again and again. To master the way alone and yet together is their great wish... What unites them - the question of a meaningful life, which the viewer experiences first hand.

A story based on true events, that inspires, makes you think  
and gives hope at the same time.



They are young visionaries, artists, parents and entrepreneurs: Stefan and Jenny, Patrick and Johanna, Maik and Dunja as well as the three children Maya, Elon and Finn. Neither related nor grown up together in the same place, they still feel a kind of family feeling. Did this develop out of necessity or is there something else behind this connectedness?

Besides the collective hero's journey of the families, each of the protagonists also experiences their own unfolding by finding their personal calling - whether lived or not, talents emerge that show potentials.

The entry point of the film is the defeat of the creative visionaries and entrepreneurs Maik and Dunja in Leipzig, whose alternative film festival project has to be cancelled due to external circumstances. A dream fades and opens a path of failure, hopelessness and money worries.



Stefan, filmmaker and movement artist, and his wife Jenny are exhausted by the balancing act between self-employment and pressure to succeed, homeschooling and compulsory schooling, in everyday life with two small children and the desire for individual creative expression of their own talents. The partnership of the two suffers despite and also because of the professional development.

Patrick, alias SEOM, songwriter and rapper, who inspires a steadily growing audience with his profound and spiritual lyrics, faces organizational and legal frameworks as well as expectations that put more and more pressure on him. In the meantime, partner Johanna often has to cope with everyday life in Augsburg with their little son alone. Without a team, both are overwhelmed.

Exhausted and disillusioned again and again, life nevertheless makes its way inexorably....

Past grief and suffering, pain and death as well as outdated structures. The doubt whether a creative life in abundance is possible grows in parallel. The falling back into old conditioning, mirroring and projection also becomes visible until all three families are brought together on their way.

Finally, the non-existent cinema festival forms the basis for new ideas and also the ground for a film platform. The balancing act between compulsory schooling and homeschooling let Jenny and Stefan realize many things, they want to change, too.

Stefan's idea of a holistic movement training, where not only the body but also mind and soul are moved, seems to make more and more sense. His wife Jenny finally dares to quit her job as an employee and turn her creative into a calling. The separation from Johanna and Patrick caused by concert tours leads to a team and supporters on all levels who keep them together and let them grow beyond themselves.

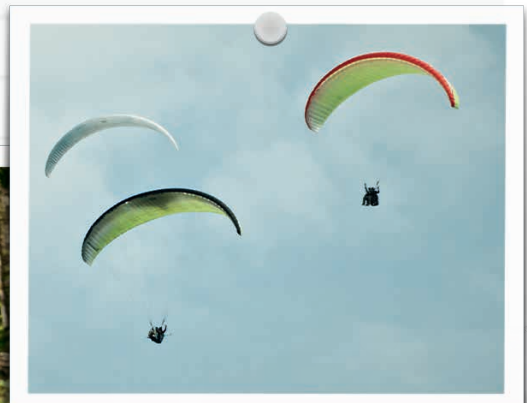
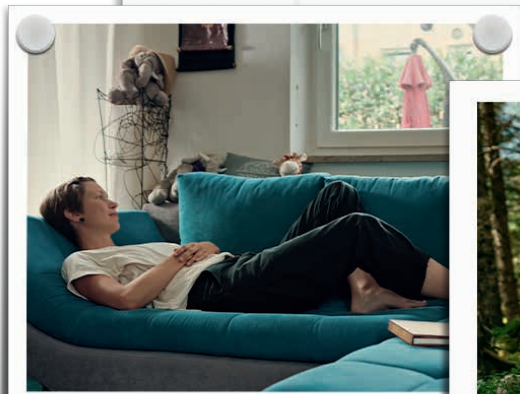


The outcome remains uncertain and does not leave the viewer alone. As it goes for the protagonists - it may go for many people on this earth. The interplay in the larger context, in which the viewer can recognize himself in all characters of the film, opens up a space for the question that goes far beyond the film: How do we want to live as humanity in the future?

**SOULTRIBE - A DANCE OF LIFE** touches through authentic actors who openly present their own inner and outer development story with all doubts, setbacks and at the same time courage to take big steps and inspire the viewer to go his own way.

## Spezifikation:

Direction:	Stefan Rainer in Co-Production by independent artists in collaboration mit SEOM MUSIC COSMIC-CINE.TV and BOUNDLESS MOV
Original title:	Soultribe – ein Tanz des Lebens
Country / year of production:	Österreich & Deutschland, 2023
Genre:	Drama
Runtime:	approx. 111 min
Language:	German language version (Subtitles: German and English)
Media:	DCP & Blu-ray
FSK:	0
Framerate:	24 fps
Aspect Ratio:	2.39:1 CineScope, 4096 x 1716 (4K)
IMDB:	tt28857749
TMDB:	1172649



# Cast & Crew

- in memory of Dieter Kammerer -

Stefan	Stefan Rainer	Producer	Stefan Rainer
Jenny	Jenny Rainer		Maik Burghardt
Patrick	Patrick SEOM Kammerer		
Johanna	Johanna Heizmann	Cinematography	Stefan Rainer
Maik	Maik Burghardt		Maik Burghardt
Dunja	Dunja Burghardt		Jenny Biedermann
			Peter Moser
Diana	Diana Glück		Mario Breuer
Winnie	Winnie Lindel		Matthias Preußner
Maya	Maya Rainer		
Elon	Elon Rainer	Screenplay & Story	Stefan Rainer
Finn	Finn Heizmann		Dunja Burghardt
Pupil 1	Mira Breuer		Michael Mack
Pupil 2	Leni Breuer		
Moderator	Alexander Kühn	Editing & Sound	Stefan Rainer
		Colorgrading	Stefan Rainer
Camera operator 1	Jan Gärtig	Tandem Pilots	Thomas Klinger
Camera operator 2	Michael Swoboda		Herbert Rainer
Sound recordist	Falko Rößner	Sound Mastering	Falko Rößner
Make-up artist	Katrin Seibold	Graphic & Design	Dorothee Krause
Director	Stefan Rainer		Dora Baumann
Co-director	Maik Burghardt	Proofreading and PR texts	Kerstin Brenner

Special thanks to	Familie Heizmann, Familie Biedermann, Familie Klemm, Familie Burghardt, Familie Kammerer und Familie Rainer
	Rosa Maria Aigner
	Michael Mack
	Catharina Roland
	Appartment „Haus Schömborg“ (Arriving in Bramberg)
	Familie Klausner (Start Paragleiten)
	Gasthof Geisl
	Holiday arena Wildkogel
	Parktheater Augsburg
	The entire COSMIC CINE team
	Annika Dietmann
	The entire SEOM team
	All guests of SEOM's Augsburg concert



## Cast



### Johanna Heizmann

Johanna Heizmann grew up as the youngest daughter of a theologian and a nurse with three siblings. Since social interaction and being there for each other were important values in her family, she decided to train as an occupational therapist in 2010 and worked for six years in various rehabilitation centers.

During this time, she also met her partner Patrick Kammerer and supported him in making a living from his music. As a self-employed person, Johanna supported SEOM at the concerts and together they created seminars on the topics of self-love and personal development.

She lives her own creativity through painting and filming. Traveling has also become an important part of her life.

Since 2020, she is the mother of a wonderful son and accompanies him on his way. In the new podcast series „Zuhause“ („At Home“), Johanna and SEOM take time for conversations about parenting, the art of living a happy life and finding the balance again and again.



### **Patrick SEOM Kammerer**

„SEOM“ (Patrick Kammerer) was born in 1983 in Germany and wrote his first lyrics and own songs at the age of 14. As the son of a meditation teacher and a naturopath & personal coach, he grew up with spiritual knowledge at an early age. His loving parents showed him ways to meditation and mindfulness exercises in his early years.

Since 2018, SEOM has been releasing his music under his own label. He decided to found his own record company „SEOM MUSIC“ to live his dreams on all levels with full freedom.

He released a total of 25 albums and 5 books. Together with his community, he created the successful „Pirate Guerilla“ podcast, which landed in second place in the nationwide Spotify and iTunes charts in the category „Spirituality“ in April 2021. The video views on YouTube are well over 10 million views. The large association of companions makes SEOM's vision so big. Joint live streams, groups in social media, online courses and gigantic events connect this network deeper and deeper. Always full of Sensitivity, Energy, Orientation and Courage (the first letters of the German words „Sensitivität, Energie, Orientation und Mut“ result in the name SEOM).





## Jenny Rainer

Jenny Rainer was born in 1982 in Germany. She has been living in Austria for 14 years now. After her training as an occupational therapist, she specialized in working with children and adolescents. During her first pregnancy, she and her partner Stefan became increasingly interested in the topic of „free learning“ and visited several new learning projects to deepen her knowledge.

In 2017, she completed her training as an art and creative therapist. In 2019, the second child was born. During her maternity leave, Jenny managed to increasingly perceive her own inner voice again and followed her heart. She quit her permanent job, started working creatively again and has been offering workshops for children and teenage girls on the topic of heart education since 2022. Jenny now accompanies her daughter Maya in her first years of school at home.



## Stefan Rainer

Stefan Rainer was born in 1987 in Austria. In his youth, he developed a passion for film and movement, which evolved over the years. In 2011, he founded his own film production and has since realized countless projects and some feature films. The film *Boundless Life* won over 10 awards at various international festivals.

Since his childhood, Stefan has been practicing martial arts and has dealt with different forms of movement, such as parkour, freerunning and tricking. In 2013, he completed a training as a Yiquan instructor (Yiquan is a Chinese healing and martial art) and finally created his own movement program *Boundless Movement* in 2020.

This is a form of natural and conscious movement to strengthen body and mind equally. Since 2023, he also offers training courses for *Boundless Movement* trainers.

### Filmography:

- 2012 BREATH
- 2020 BOUNDLESS LIFE
- 2023 SOULTRIBE - A DANCE OF LIFE





### **Dunja Burghardt**

Dunja Burghardt was born in 1980 in Germany. After studying business administration, she worked in a public financial institution, gained insights into PR and communication work in the industry until founding her own creative agency with her husband Maik Burghardt in 2007. Her talent lies in taking life as it comes and quickly empathizing with people and situations. This path led her to moderating within her own companies, as well as at events in the fields of social entrepreneurs and cinema. Her interest in topics such as sustainability, spirituality and a lived vibrant economy has been unbroken ever since.

New ways of grounded creativity, empathetic humanity and new forms of living together in a global and connected universe brought forth the film platform COSMIC-CINE.TV in times when events were not possible.



## Maik Burghardt

To empower people, with the medium film, making life-stories tangible to understand each other better and take the viewer on a journey of his own life's purpose - that is the intention of COSMIC-CINE.TV, a young streaming platform co-founded by Maik Burghardt in 2020.

Born in 1980 in Germany, he worked in a public financial institution and then in an advertising agency after studying business administration until founding his own creative agency in 2007. From customer service to graphics, photography to moving images, his heart beats for the beauty in detail. Connected to nature, even the smallest creature can become visible and valued. In 2015, he founded the film production company treibholzfilm. The creative art in films as well as the big feature film has fascinated him since his childhood as well as technology and digital ways. From 2011 to 2020, he co-created the Cosmic Cine Film Festival with cinema, filmmakers and artists. Maik Burghardt feels home at COSMIC-CINE.TV. To carry on the message in spiritual films, and to actively co-create conscious media consumption as well as to further develop his own skills together with a team, finds space there.



# Creation of the film

- Stefan Rainer

„The original idea of the film was to make a documentary about three families in a lifestyle format and show ourselves as we are. A lot was supposed to emerge from the moment and at the same time be professional. The demand on ourselves was high and so was the joy of embracing new things.

The further the project progressed in planning, the more it became clear that we needed predefined dialogues to be able to shoot the scenes from different perspectives, so that the protagonists could immediately repeat the dialogues and a change of camera angle was possible with just a few cameramen and the available equipment.

So we started writing the script. For me as a filmmaker, a lot was new territory and a huge challenge. I got support from Dunja Burghardt and Michael Mack.

In January 2022, a trip to Mexico was planned, with the goal of shooting music videos for one of the protagonists - Patrick Kammerer alias SEOM. Since Maik Burghardt, who stars in the film, was also on this trip, it made sense to integrate this trip into the film and so Mexico became part of the story. At that point, the script was in an intermediate stage and far from finished. More and more we discovered in screenwriting a kind of exchange, healing and co-creation. Whereas at the beginning the goal was to have a final script in our hands as quickly as possible, more and more the certainty formed that screenwriting is also a path that forms itself in parallel. Sometimes I wrote scenes in the same morning and then shot them in the same afternoon.

At the same time, I also realized how important it is to keep at it, so that in all the becoming, results are also visible. In August 2022, the real shooting started. Now it was clear: the documentary film is also a feature film - a film about our own lives. The production of a feature film was new for all of us, since no one really had any previous acting experience - even for me, since I had mainly filmed documentaries and commercials up to that point.





The biggest challenge and at the same time the biggest potential for development was to really show ourselves honestly and authentically in the different scenes and to „play“ ourselves. In a way, we also benefited from many challenges in everyday life, which sometimes let us shoot in such a tight time window that the emotions didn't have to be played. And since we were still in this role in everyday life anyway, it was a lot easier than we thought.

By playing our own role in this way, we also got the chance to observe our own behavior patterns from a new perspective, and it became easier for us to step out of these patterns. At the same time, we were able to recognize ourselves more and more in each other and thus understand that everyone is confronted with similar issues.

The film as a whole was probably the biggest challenge that we have all mastered together so far. In the process, we have grown incredibly together and each of us has also grown beyond ourselves. Our message is to inspire and invite others to embark on their own journey, to follow their own hearts, to recognize themselves in others and yet to be whole themselves. And likewise how important the Soultribe is - which means how important it is to collaborate, be together and be there for each other on many levels.“



## Excerpt from the interview

with director **Stefan Rainer** & moderator **Alexander Kühn**

**Alexander Kühn:** „(...) The film could serve as a blueprint for other families struggling with similar problems. Have you already received corresponding feedback from viewers about it?“

**Stefan Rainer:** „(...) We presented the trailer a few times and the response was positive. We have also received very frequent feedback that many people can identify with it. That was very touching. And that was also our intention, to really present the scenes from everyday life as they are and not to embellish them, but to really depict life. It was our goal to encourage people. (...) It's not about everything just working out by itself at some point, but about really facing these challenges, because that's where you grow.“

**Alexander Kühn:** „The film portrays a kind of transformation that has already begun in society and among many people. (...) From the old structures to the new structures. That you do more of the things professionally that you are good at and that you love. (...) Have you already achieved that for yourself now or are you still in the process yourself?“

**Stefan Rainer:** „I think it is a lifelong process and a lifelong learning. (...) One topic is: how can I realize my vocation for myself without being in a classic employee context? (...) The film shows our path, how we have managed to follow our vision so far.“

**Alexander Kühn:** „(...) These setbacks that occur in the film, did they really happen to you?“

**Stefan Rainer:** „The film is more or less a factual report. (...) Everything you see in the film really happened. It really is the story of our lives.“



**Alexander Kühn:** „How did it come about that you became a filmmaker?“

**Stefan Rainer:** „It's also a path of the new age for me. I've always liked making films, even when I was young. (...) That's how I was able to gain my first experiences. (...) Together with a friend, I thought up little stories and filmed them myself. That then grew over time. When I was 18, we started filming the outdoor activities that you can do here in Austria: Paragliding, skiing, mountain biking, mountaineering, climbing. From this, the first film was made. The film was well received at the screening and then the first customers came, tourism associations, smaller companies, and asked if I could also shoot promotional films/image clips for them. (...) It was never planned to have a film production. (...) I had a lot of fun doing it, and that's where the profession came from. I never did any training in this direction (...) and my customers don't care either, in the end they want to see a good product. I think in the future it will be less and less important what education and certificates we have, but rather what we can do and bring to the table and how we can serve humanity. (...) Anything you like to do, you'll get good at it over time and then success will come on its own.“

**Alexander Kühn:** „How did your second project, the movement concept ‚boundless movement‘, come about?“

**Stefan Rainer:** „Sport has always been very essential for me. Movement is so much more than just sport. (...) Movement is part of life. (...) You can lead a healthy life without sports, but not without movement. It's crucial for me that we bring movement back into life. (...) The urge to move is inherent in all of us. At some point in school, we lose this urge to move because we are forced to sit still for a long period of time. (...) We hardly move anymore. (...) The fitness industry gives us certain ideal images. This has nothing to do with the original joy of movement. But it is about discovering the joy in movement and to include the mental and emotional aspect holistically. (...)“

**Alexander Kühn:** „You live very idyllically in the mountains near a forest, does that affect a person when they live in nature?“

**Stefan Rainer:** „Definitely. I believe that we humans not only need nature, we are part of nature. And if the connection to nature is lost, we also lose the connection to ourselves. (...) A few hours of quiet in seclusion just does a lot to people when they can reconnect with themselves and get back into balance. (...) Children need movement and space so that they can develop. If we always move only in an artificial environment, we partly lose our natural movement abilities. (...) The good news is that our bodies can adapt throughout our lives and mobility can be restored. (...) Movement must be versatile in this process, as must our diet.“

*You can find the interview in full length here: [www.cosmic-cine.tv](http://www.cosmic-cine.tv)*

*What is your heart beating for and how can we  
support each other in living our dreams?*

*Is it possible to open new spaces of unfolding?*



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OF LOVE**